

# University of Alabama at Birmingham

**Blazer Gazette**

**Official Newsletter December 2013**

## Beginning of a new semester

Hello Circle K at UAB!

We hope everyone had a good November and the week-long Thanksgiving break! Thank you to everyone who came to the Makarios social. It was a nice social and we hope to see this increase in attendance in the coming semester as well! Thank you to everyone who also attended the Percentage Night at Panera Bread. We will be holding more percentage nights in the future, so please keep an eye out and join us!

Congratulations everyone who was inducted at the Banquet last month! We await your participation and dedication to CKI at UAB!

Please mark your calendars for the 56th Annual AL D-CON Feb. 28-Mar. 2, 2014! We encourage everyone to attend as costs are specially reduced for CKI at UAB members! A large portion of fees are covered by the generous Birmingham Kiwanis and applications for a travel grant are also available through UAB USGA to further help cover costs. The Emerging Leaders Winter Leadership Retreat application is due Jan 17, and there may still be a few slots open. We hope to see more attendance as this is a great opportunity to gain insights into leadership.

Thank you to everyone who participated at the Into the Streets on November 16<sup>th</sup>, hosted by LSC Council. If you missed this event, there are opportunities every semester, and the next one is in fall.

We would like to send a special thanks to our Vice President, Marissa Goins for her work and dedication to CKI throughout the semester. She has brought a lot of value and order to our organization and we appreciate everything she has established with us. As she embarks on an exciting journey to Spain, we wish you the best of luck and for a safe trip. Come back safe and see you next year! To take over her duties for the remaining school year, Julia Kwon has been elected VP for the spring 2014 semester.

If you are not already, please make sure you are a member in the [CKI at UAB](#) facebook group so you are up to date (you need to be verified w/ UAB ID).

Committee positions are open for spring 2014 semester. Please contact Shefa S to join: [uab@alabama.circlek.org](mailto:uab@alabama.circlek.org). If you have information, events, stories, etc. you'd like to see on the next Bulletin, feel free to contact me. Have a nice holiday with family and friends, and can't wait to see everyone again in January 2014!

Julia Kwon  
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Bulletin Editor

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## Leadership Fellowship Service



Member Induction Ceremony and Banquet  
Fall 2013



# Get in the HABIT

The “quadrants,” as suggested by Stephen R. Covey in his book, *The 7 Habits of Highly Effective People*, should help you schedule your day in an orderly way. Ideally, most of your time should be spent on items that fall within quadrants I and II.

### **Quadrant I:**

activities are urgent, as they need to be finished within a certain deadline, and also important, as they will have an impact on your long-term goals. Finishing a project and memorizing for a test are examples. These activities need to get done immediately, and there’s no room for procrastination.

### **Quadrant II:**

activities are the most essential ones regarding your life vision and personal development. For example, exercising, building relationships, setting aside time to write your life purpose, etc. However, as these are not bound to deadlines, people tend to put them off. You should devote at least some of your time to these activities on a regular basis.

### **Quadrant III:**

activities are urgent, and they’re important in that they help you keep your life in order, but they won’t impact your life in the long-term. Paying your pending bills, cleaning the room, etc., are examples. Quadrant IV activities are non-urgent and unimportant. Chatting over messenger and surfing the Internet are examples. We all need to have fun sometimes, but limit the amount of time you spend on activities that are pure time-wasters.



SERVICE  
FELLOWSHIP  
LEADERSHIP

## Upcoming Events

See you in Spring 2014 semester! Our general meetings will be held on SAME times as this past semester—every Thursday @ 6:30PM in HHB 227.

Have a good winter break and happy holidays!

### The Board:

President: Shefa Suhaila  
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